

Deep Cleaning Checklist

Entire Home

- Dust and vacuum hard-to-reach ledges, windows, light fixtures and above cabinets
- De-scale faucets / shower heads; remove white calcium build up with vinegar
- Clean out aerators; unscrew from faucets and soak in vinegar
- Clean sinks; use scouring powder or *Bar Keeper Secret* to remove stains
- Remove and clean vent covers; wipe with a dryer sheet to prevent dust build up
- Mop floors; use 1 cup vinegar and 1-gallon hot water
- Spot clean stains on carpet and upholstery; steam clean larger stains
- Wipe down ceiling fan blades; while you're up there, look for cobwebs in the corners of rooms
- Wipe finger prints and smudges off doors and door frames
- Wipe baseboards and cabinets
- Clean dirt and smudges off electrical switches and covers, and outlets if needed
- Clean garbage cans, recycling bins and wastebaskets; soak hard crud with hot soapy water & scrub
- Clean blinds; spray with vinegar and wipe
- Vacuum couch and cushions, and move furniture to vacuum underneath and around
- Clean cabinets / drawers; remove debris and wipe out with disinfectant
- Clean walls; try a *Magic Eraser*

Kitchen

- De-grease stovetop, hood fan/filter, pot grates; use hot soapy water and don't forget the knobs
- Clean microwave top, bottom and sides; use hot soapy water or disinfectant spray
- Clean oven & wire racks; soak racks in soapy water then scrub, and use oven cleaner or a baking soda/water paste to scrub interior
- Empty and clean refrigerator / freezer
- Toss expired items and wipe fridge shelves with wet rag
- Clean appliances
- Wipe down with disinfectant spray
- Clean dishwasher
- Run on empty with 1/2 cup vinegar and baking soda

Bathroom

- Scrub grout; baking soda and toothbrush work great
- Launder shower curtain if washing machine safe, or use a mild bleach solution and scrub to clean
- Clean toilet; including top of tank, the base and behind toilet
- Clean toothbrush holder and soap dish
- Scrub tub, polish faucets and shower-head
- Clean mirror with glass cleaner, and if you have a medicine cabinet, clean and organize that too

Exterior of Home

- Power wash your exterior
- Clean the gutters
- Sweep out garage; use shop vacuum for corners and hard to reach areas

